



# menu

Breakfast Lunch  
High Tea

## Breakfast

(SERVED 8.30-3.00 WEEKDAYS, 9.00-3.00 WEEKENDS & HOLIDAYS)

Eggs on Toast	\$9.50
Sides: mushrooms, spinach, avocado or roasted tomato - \$3.00 or Pestells bacon, manuka-smoked salmon, breakfast sausages, or ham off the bone - \$4.50	
Pancake Stack with grilled bacon, banana and maple cream	\$13.50
Croque Monsieur with ham off the bone and gruyere cheese	\$12.00
Corn Fritters layered with crispy bacon, spinach and oven-roasted tomato	\$13.00
MEGA Breakfast — grilled bacon, sausages & tomato served on buttered toast with your style of eggs	\$15.00
Eggs Benedict with poached eggs and lemon hollandaise on toasted bagel	\$15.00
Choose either bacon, ham or manuka-smoked salmon	
Espresso Garden Bagels toasted with cream cheese	\$8.00
with manuka-smoked salmon or bacon - \$12.50 with avocado or pesto - \$11.00	

We use local free-range eggs and have gluten free toast available on request

## Lunch

(SERVED 11.00-2.00 WEEKDAYS, 11.00-3.00 WEEKENDS & HOLIDAYS)

Peppered Roast Beef Sandwich served warm with fried onions, rocket and horseradish cream (Available GF)	\$13.50
Classic Fish Pie served with buttered leeks and creamy mash. Served with EG's own tomato sauce	\$14.00
Goat's Cheese and Herb Fritters with roasted red pepper marmalade and salad (V)	\$13.00
Our own Parmesan and Sage Chicken Schnitzel with a warm potato salad	\$14.50
Thai Chicken and Cashew Meatballs with spicy flat rice noodles (GF)	\$13.00
Lamb Curry with ginger, coconut and coriander on steamed basmati	\$14.50
Soup of the Day (Available all day)	\$10.00

## High Tea

(AVAILABLE ALL DAY. SERVED 8.30-3.00 WEEKDAYS,  
9.00-3.00 WEEKENDS & HOLIDAYS)

High Tea - a changing selection of sweet and savoury treats with a coffee or pot of tea.	\$10.00 per person
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Please discuss any dietary requirements, we're happy to help.

GF = Gluten Free

D= Dairy Free

V= Vegetarian

Espresso Garden Café, Inside M10 Mega Store, Stoke, Nelson.

T: (03) 547 7002 F: (03) 547 7013

Café Hours: Mon–Fri 8:30am–4:30pm Sat, Sun & Public Holidays 9:00am–5:00pm

No Holiday Surcharge